

MSAD #54 Curriculum

Content Area: Physical Education
Unit: Floor Hockey

Grade: 9-Diploma
MLR Span: 9-Diploma

MLR Content Standard:

G. Movement/Motor Skills and Knowledge: Students demonstrate the *fundamental and specialized movement skills* and apply *principles of movement* for improved performance.

I. Personal and Social Skills and Knowledge: Students demonstrate and explain responsible personal behavior and responsible social behavior in physical activity settings.

Performance Indicator:

G1. Stability and Force

G2. Movement Skills

I1. Cooperative Skills

I2. Responsible Behavior

I3. Safety Rules and Rules of Play

Performance Descriptor(s)	MSAD #54 Objectives	Instructional Resources/ Activities/Assessments
<p>G. Movement/Motor Skills and Knowledge: Students demonstrate the <i>fundamental and specialized movement skills</i> and apply <i>principles of movement</i> for improved performance.</p> <p>G1. Stability and Force</p> <p>Students change their motion and the motion of objects by applying the principles of stability and force to modify their performance in games/physical activities.</p> <p>a. Demonstrate how spin and rebound affect the motion of an object. b. Use the <i>principle of opposition</i>, point of contact, and point of release to change the path of an object during a game/physical activity.</p> <p>G2 Movement Skills.</p> <p>Students demonstrate a variety of <i>specialized movement skills</i> specific to a game/physical activity while participating in a game/physical activity.</p> <p>I1. Cooperative Skills</p> <p>Students demonstrate collaborative skills while participating in physical activities.</p> <p>a. Accept constructive feedback. c. Include peers respectfully in activities.</p>	<p>Students will:</p> <p>Refine the skills of dribbling, passing, shooting and goal tending.</p> <p>Increase understanding of positions and rules of the game.</p>	<p>Lesson 1.</p> <p>Dribbling and Passing.</p> <p>Activities: Partner activities; clear your zone.</p> <p>Assessment: Informal assessment of participation.</p> <p>Lesson 2.</p> <p>Shooting and goal tending.</p> <p>Activities: Shoot on empty net, shoot from angles and distances on empty net, shoot with a goal tender, shoot with goal tender from angles and varied distances.</p> <p>Assessment: Informal Assessment of participation.</p> <p>Lesson 3.</p> <p>Positions and roles and modified game play.</p> <p>Activities: Offensive and Defensive strategies.</p> <p>Assessment: Informal assessment of participation.</p> <p>Lesson 4.</p> <p>Regulation game play.</p> <p>Activities: Game play.</p> <p>Assessment: Written quiz over skills, positions and rules of the game.</p>

I2. Responsible Behavior

Students demonstrate responsible and ethical personal behavior while participating in physical activities.

I3. Safety Rules and Rules of Play

Students predict how etiquette/rules improve games/activities.

a. Explain how etiquette/rules contribute to productive participation.

b. Predict how modifications to the environment can impact safety during games/physical activities.