

RSU 54 School Lunch Menu

March 2019

Monday	Tuesday	Wednesday	Thursday	Friday
25	26	27	28	1
Sausage Pancake on a Stick With String Cheese Mixed Vegetables Warm Cinnamon Applesauce Fruit and Veggie Bar	Oven Baked BBQ Chicken Maine Potato Wedges Maine Winter Squash Chilled Diced Pears Warm Breadstick Fruit and Veggie Bar	Wacky Wednesday Waffles Warm Ham Slices Whole Hash Brown Ovals Warm Blueberry Sauce Fruit and Veggie Bar	Skowhegan Chicken Bowl Cheesy Corn & Potatoes Calico Bean Salad w/roll Kitchen Fruit Choice Fruit and Veggie Bar	Cheesy Broccoli Quiche Bartholomew Beans Pink Ink for the Yink One Fish, Two Fish, GoldFish Fruit and Veggie Bar
<u>Celebrate</u> 4	<u>National</u> 5	<u>School</u> 6	<u>Breakfast</u> 7	<u>Week</u> 8
Baked French Toast Cheese Stick and/or Sausage Link Snappy Carrot Sticks Mixed Fruit Medley Fruit and Veggie Bar	Oven Baked Breakfast Pizza turkey bacon or ham Steamy Green Peas Sweet Maine Apples Fruit and Veggie Bar	American Chop Suey Tossed Salad w/Romaine Mixed Fruit - Pears Warm Garlic Dinner Roll Fruit and Veggie Bar	Red/Blue Yogurt Parfait w/ Granola Topping Tasty Tomato Bites Sweet Diced Peaches Fruit and Veggie Bar	Cheesy Eggs & Ham Warm Buttery WG Croissant Seasoned Kidney Beans Chilled Orange Juice Fruit and Veggie Bar
11	12	13	14	15
Crispy Pizza Crunchers Red Dipping Sauce Saucy Baked Beans Chilled Diced Pears Fruit and Veggie Bar	Flaky Chicken Pot Pie w/Biscuit topping Peas & Carrot Bites Green Kiwi Wedges Fruit and Veggie Bar	Cheesy Meatball Sub Baked Potato Wedges Steamed GreenBeans Assorted Fruit Cups Fruit and Veggie Bar	<u>National Pi Day (3.14)</u> Individual Cheese Pizza Pi Tossed Salad w/Romaine Orange Slices Pi Pi- neapple Tidbits Fruit and Veggie Bar	Grilled Tuna & Cheese Sandwich Healthy Tomato Soup Cucumber Slices Raspberry Sherbert Cup Fruit and Veggie Bar
18	19	20	21	22
Crispy Chicken Bites Saucy Baked Beans Bright Carrots & Peas Sweet Apple Rounds Fruit and Veggie Bar	Saucy Sloppy Joe w/Bun Oven Baked Mixed Fries Sweet Corn Niblets Chilled Diced Pears Fruit and Veggie Bar	Turkey/Ham/Cheese Croissant w/ Lettuce & Tomato Bites Tossed Salad w/romaine Kitchen Fruit Choice Fruit and Veggie Bar	Hot Roast Pork 'n Gravy open faced sandwich Broccoli Bites Warm Cinnamon Apple Slices Fruit and Veggie Bar	Bosco™ Cheesy Breadsticks Red Dipping Sauce Carrots or Celery Sticks Chilled Diced Peaches Fruit and Veggie Bar
25	26	27	28	29
Rodeo Burger w/Bun Sweet Potato Waffle Fries Kitchen Veggie Choice Bright Yellow Banana Fruit and Veggie Bar	Deli Turkey Sandwich w/gravy Cheesy Corn and Potatoes Cranberry Sauce Chilled Diced Peaches Fruit and Veggie Bar	WG Spaghetti w/meat sauce Tossed Salad w/baby spinach Cinnamon Applesauce WG Buttery Garlic Roll Fruit and Veggie Bar	<u>Opening Day MLB</u> <i>Home Run</i> Frank w/roll <i>Full Count</i> Baked Beans <i>Double Play</i> Coleslaw <i>Strike Zone</i> Mixed Fruit Fruit and Veggie Bar	School Made Cheese Pizza or Ham & Cheese Wraps Cucumber Slices Crunchy Apple Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."