RSU 54 School Lunch Menu January 2020

| January 2020 | | | | |
|--|----------------------------|-----------------------------|----------------------------|-----------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday |
| 30 | 31 | 1 | 2 | 3 |
| | | | Cheesy Pizza Crunchers | Crispy Chicken Burger w/bun |
| Welcome to 2020 Happy New Year!!! | | | w/Marinara Dipping Sauce | Steamy WG Rice |
| | | | Fresh Salad w/romaine | Bright Green Broccoli |
| | | | Mixed Fruit - pears | Juicy Orange Wedges |
| | | | Fruit and Veggie Bar | Fruit and Veggie Bar |
| National Bean Day 6 | 7 | 8 | 9 | 10 |
| Honey Glazed Baked Chicken | Meatball Grinder w/WW Roll | Taco Chicken Soup | Yogurt & Blueberry Parfait | Personal Pizza or |
| BBQ Baked Beans | Hashbrown Oval | w/Tortilla Chips | w/ Granola Topping | Pizza Crunchers |
| Bright Green Peas | Bright Broccoli Bites | Tossed Salad w/romaine | Tomato Bites | Carrot/Celery Sticks |
| Cranberry Sauce, Biscuits | Sweet Diced Peaches | Chilled Mixed Fruit | Kiwi | Crisp Apple |
| Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar |
| 13 | 14 | National Bagel Day 15 | 16 | 17 |
| Baked Cheesy Breadsticks | Creamy Potato Soup w/ham | Toasted Bagel with | Pepperoni Pizza Bake | Beef Walking Taco |
| w/dipping sauce | Warm WG Rip Sticks | Scrambled Egg & Cheese | w/Pasta and Roll | Salsa, lettuce, tomatoes |
| Steamed Carrot Coins | Seasoned Corn | Cucumber Sticks | Garden Salad w/spinach | Cheesy Refried Beans |
| Mixed Fruit | Green Tip Bananas | Raspberry Sherbert Cup | Chilled Peaches | Chilled Sweet Pears |
| Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar |
| 20 | 21 | 22 | 23 | 24 |
| NO SCHOOL | Baked Macaroni & Cheese | Beef & Bean Chili | School Made BBQ Chicken | Chicken Stir Fry w/peapods |
| | Garlic Breadstick | Warm Cinnamon Roll | or Cheeseburger Pizza | WG steamed rice |
| | Steamed Broccoli | Corn | Tossed Salad w/romaine | Steamed Broccoli |
| | Icy Mixed Fruit | Sweet Juicy Pears | Fresh Maine Apple | Sweet Peaches |
| | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar |
| 27 | 28 | 29 | 30 | French Toast Friday 31 |
| Pasta w/meat sauce | Roasted BBQ Chicken | Cheese Burger w/bun | BBQ Pulled Pork Burger | French Toast Sticks |
| Warm Garlic Breadsticks | w/Mashed Potato | Sweet Potato Fries | Fresh Cole Slaw | Assorted Yogurt Cup |
| Garden Salad | Warm WG Biscuit | Mixed Veggies | Baked Beans | Roasted Diced Potatoes |
| Mixed Citrus Salad | Brocolli Bites | Chilled Sliced Strawberries | Icy Mixed Fruit - Pears | Sweet Warm Applesauce |
| | Banana | | | |
| Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar | Fruit and Veggie Bar |
| A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC | | | | |
| "This institution is an equal opportunity provider." | | | | |