

School Lunch Menu ~ National Pizza Month October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Sausage Pancake on a Stick Yogurt Cup or Cheese Stick Roasted Green Beans Creamy Fall Applesauce Fruit and Veggie Bar	2 BBQ Pork w/WG Bun Crispy French Fries Tangy Confetti Cole Slaw Fresh Maine Apples Fruit and Veggie Bar	3 National Pizza Month Individual French Bread Pizza Crisp Maine Cucumbers Sweet Pineapple Chunks Fruit and Veggie Bar	4 Beef Shepard's Pie w/potatoes and corn Crunchy Carrot Sticks Diced Chilled Peas Fruit and Veggie Bar	5 <i>World Smile Day</i> Chicken Filet w/WW Bun Smile Emojee Potatoes Orange Smiles Fruit and Veggie Bar
8 NO SCHOOL COLUMBUS DAY	9 Cheeseburger w/WW bun Oven Baked Fries Broccoli Bites Diced Chilled Peas Fruit and Veggie Bar	10 Skowhegan Chicken Bowl Mashed Potatoes & Biscuit Cheesy Corn Mixed Fruit Medley Fruit and Veggie Bar	11 Cheesy Chicken Quesadilla w/ Peppers & Onions Fresh Salad w/romaine Cool Cling Peaches - diced Fruit and Veggie Bar	National Pizza Month 12 Oven Baked Breakfast Pizza Turkey bacon & cheese Steamy Green Peas Sweet Maine Apples Fruit and Veggie Bar
15 Celebrate Baked Mini Corn Dogs New England Baked Beans Fresh Salad w/romaine Bright Yellow Banana Fruit and Veggie Bar	16 National Pepperoni Pizza Bake w/Pasta and Roll Crunchy Baby Carrots Chilled Peaches Fruit and Veggie Bar	17 School Yogurt & Fruit Parfait Fresh Greens w/Spinach Sweet Frozen Raspberry Cups Fruit and Veggie Bar	18 Lunch Chicken Filet w/WW Bun Sweet Potato Crowns Sweet Grape Tomatoes Bright Orange Smiles Fruit and Veggie Bar	19 Week BBQ Pork w/WG Bun Crispy French Fries Tangy Confetti Cole Slaw Fresh Maine Apples Fruit and Veggie Bar
22 Brunch for Lunch WG Pancakes and Syrup Yogurt Cup or Cheese Stick Snappy Green Beans Creamy Applesauce Fruit and Veggie Bar	23 Super Shredded Pork Nachos and/or cheese & salsa Refried Beans & Rice Green Kiwi Slices Fruit and Veggie Bar	24 National Pizza Month Personal Pan Pizza Crisp Maine Cucumbers Diced Chilled Peas Fruit and Veggie Bar	25 Pasta w/Red Sauce w/ Peppers & Onions Fresh Salad w/romaine Cool Cling Peaches - diced Fruit and Veggie Bar	26 Frankenstein Friday Hot Turkey Sandwich w/gravy & stuffing Orange Carrot Coins Cranberry Sauce Fruit and Veggie Bar
29 Egg and Cheese on WG Croissant Bright Green Broccoli Sweet Mandarin Oranges Fruit and Veggie Bar	30 Schoolmade Chick' n Rice Sou w/ Cheesy Bosco™ Sticks Mixed Fruit w/grapes WG Breadstick Fruit and Veggie Bar	31 Halloween Spooky Dracula Dogs w/Coffins Sweet Jack-o-Lantern Bites Tiny Goblin Green Eyeballs Frozen Pink Witches Brew Fruit and Veggie Bar	1 Roast Pork Dinner Creamy Mashed Potato & Gravy Peas & Carrots, WG Roll Icy Cold Peaches Fruit and Veggie Bar	2 Sandwich Day Turkey and Ham Italian Sub Crispy French Fries New England Baked Beans Fresh Maine Apples Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."