



RSU 54 BIC School Breakfast Menu



May 2021

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
3 Cereal Choice Juice or Dried Fruit Milk	4 Cinnamon Bread Juice or Dried Fruit Milk	5 Cereal Choice Juice or Dried Fruit Milk	6 Frudel Juice or Dried Fruit Milk	7 Cereal Choice Juice or Dried Fruit Milk
10 Graham Cracker (1 G) Yogurt Cup or Fruit Cup Juice or Dried Fruit Milk	11 Cereal Choice Juice or Dried Fruit Milk	12 Teacher's Workshop	13 Cereal Choice Juice or Dried Fruit Milk	14 Blueberry Muffin Juice or Dried Fruit Milk
17 Cereal Choice Juice or Dried Fruit Milk	18 Cinnamon Crumb Cake (2G) Juice or Dried Fruit Milk	19 Cereal Choice Juice or Dried Fruit Milk	20 Bagel w/ cream cheese or peanut butter Juice or Dried Fruit Milk	21 Cereal Choice Juice or Dried Fruit Milk
24 Strawberry Pop tart Juice or Dried Fruit Milk	25 Cereal Choice Juice or Dried Fruit Milk	26 Breakfast Rounds Juice or Dried Fruit Milk	27 Cereal Choice Juice or Dried Fruit Milk	28 Breakfast Bar Juice or Dried Fruit Milk
31 Memorial Day NO SCHOOL	1 Breakfast Break Milk	2 Blueberry Bagel Juice or Dried Fruit Milk	3 Cereal Choice Juice or Dried Fruit Milk	4 Uncrustable Juice or Dried Fruit Milk

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."