

## **RSU 54 School Lunch Menu**





## All kids eat free, stop by for all 5 or leave with at least 3



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
WG Pancake	Philly Chicken & Cheese WG Sub	Beef Stew	Alfredo Chicken w/ Pasta	Stuffed Crust Pizza
Cheese Stick or Sausage	Sweet Potato Fries	Dinner Roll	Garlic Bread Stick	Tomato Cucumber Salad
Boston Baked Beans	Sweet Corn	Carrots and Peas	Broccoli	Fresh Maine Apple
Warm cinnamon Applesauce	Pineapple Bites	Fresh Pears	Mixed Fruit	
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
9	10	11	12	13
Breakfast Pizza	Italian Rice Bake w/ Maine Marinara	Chicken Fingers	Rodeo Cheese Burger w/ WG Bun	Pizza Crunchers
Potato Wedges	Warm Garlic Breadstick	Mac & Cheese	Boston Baked Beans	Carrot & Cucumber Sticks w/ Dip
Carrot & Celery Sticks w/ Dip	Romaine Salad	Sweet Peas	Diced Carrots	Apple
Mandarin Oranges	Mixed Fruit	Diced Pears	Banana	
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
16	17	18	Holiday Meal 19	20
French Toast	Hot Ham & Cheese Hoagie	Crispy Chicken Burger w/bun	Roast Turkey w/gravy	Cheesy Bosco Sticks™
Hashbrown & Yogurt Cup	Potato Wedges	Sun Chips	Buttery Mashed Potatoes	w/Marinara Dipping Sauce
Boston Baked Beans	Steamed Peas	Sweet Corn	Steamed Diced Carrots	Crunchy Veggie Sticks
Blueberries	Mixed Fruit	Diced Pears	Tangy Cranberry Sauce	Apple
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fresh Baked Roll & Dessert	Fruit and Veggie Bar
23	24	25	26	27



## See you next year!



Popcorn Chicken Fresh Baked Biscuit Mashed Potato & Carrots Diced Pears

Fruit and Veggie Bar

Big Daddy Pizza Sweet Potato Fries Romaine Garden Salad Apple

Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."

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