

RSU 54 School Breakfast Menu

February 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal Choice Cinnamon Crumb Cake Juice or Fruit Milk	4 Cereal Choice Homemade Blueberry Muffin Juice or Fruit Milk	5 Cereal Choice Yogurt Cup w/Graham Crackers Juice or Fruit Milk	6 Cereal Choice Pancake on a Stick Juice or Fruit Milk	7 Cereal Choice Kitchen Breakfast Choice Juice or Fruit Milk
10 Cereal Choice Banana Bread Juice or Fruit Milk	11 Cereal Choice Toasted Bagel w/ Cream Cheese Juice or Fruit Milk	12 Cereal Choice Egg & Cheese Breakfast Sandwich Juice or Fruit Milk	13 Cereal Choice Oven Fresh Breakfast Rounds Juice or Fruit Milk	14 Cereal Choice Kitchen Breakfast Choice Juice or Fruit Milk
17 	18 19 20 <h1 style="color: blue;">Happy Winter Break</h1>			21 
24 Breakfast Break includes: Cereal Juice or Fruit Milk	25 Cereal Choice Assorted Breakfast Bread Juice or Fruit Milk	26 Cereal Choice Homemade Apple Muffin Juice or Fruit Milk	27 Cereal Choice Fresh Hot Cinnamon Buns Juice or Fruit Milk	28 Cereal Choice Benefit Bar Juice or Fruit Milk

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."