



# RSU 54 School Lunch Menu

## May 2025



All kids eat free, stop by for all 5 or leave with at least 3



Monday	Tuesday	Wednesday	Thursday	Friday
<b>28</b> Scrambled Eggs Yogurt cup Toasted Bagel Diced Carrots Mandarin Oranges Fruit and Veggie Bar	<b>29</b> Chicken Fajita Roasted Peppers & Onions Cilantro Lime Rice Sweet Corn Diced Pears Fruit and Veggie Bar	<b>30</b> <b>Oatmeal Cookie Day</b> Chicken Nuggets Cheesy Mashed Potatoes Sweet Peas Warm Cinnamon Applesauce Oatmeal Cookie Fruit and Veggie Bar	<b>1</b> American Chop Suey Garlic Bread Stick Fresh Garden Salad w/edamame Crisp Apples Fruit and Veggie Bar	<b>2</b> <b>School Lunch Hero Day</b> School Made Pizza Cheese, Pepperoni or Ham Cucumber & Tomato Salad Blueberry Crumble Fruit and Veggie Bar
<b>5</b> French Toast Sausage Links Steamed Carrots Cinnamon Apple slices Fruit and Veggie Bar	<b>6</b> Walkin' Taco- Beef Sour Cream, Tomatoes Black Bean Salsa, lettuce Diced Pears Fruit and Veggie Bar	<b>7</b> Philly Chicken Sandwich w/peppers & onions Sweet Potato Fries Diced Pears Fruit and Veggie Bar	<b>8</b> "MSAD" Chicken Nugget Bowl Mashed Potatoes Seasoned Corn Cinnamon Applesauce Fruit and Veggie Bar	<b>9</b> French Bread Pizza Baked Chips Steamed Broccoli Diced Peaches Fruit and Veggie Bar
<b>12</b> Ham, Egg & Cheese Croissant Roasted Green Beans Baked Beans Orange Slices Fruit and Veggie Bar	<b>13</b> Pulled Pork Sandwich Coleslaw Sweet Corn Mixed Fruit Fruit and Veggie Bar	<b>14</b> Cheesy Mac & Cheese Chicken Fingers Spring Mix & Spinach Salad Fresh Melon Fruit and Veggie Bar	<b>15</b> <b>Chocolate Chip Day</b> Fish Sticks & Mashed Potato Roasted Broccoli Chocolate Chip Cookie Crisp Apple Fruit and Veggie Bar	<b>16</b> <b>Field Day</b> Uncrustable Sun Chips Carrot & Celery Sticks w/ dip Fresh Pears Fruit and Veggie Bar
<b>19</b> Pasta w/ Meat Sauce Cheesy Garlic Bread Garden Salad Applesauce Fruit and Veggie Bar	<b>20</b> Mixed Berry Yogurt Parfait French Toast Bites Grape Tomatoes Banana Fruit and Veggie Bar	<b>21</b> <b>Strawberries and Cream Day</b> Chicken & Gravy Mashed Potatoes Flaky Biscuit Cook's Veggie Choice Strawberry Shortcake w/ Cream Fruit and Veggie Bar	<b>22</b> Cheesy Beef Quesadilla WG Rice w/ Black beans Seasoned Corn Cook's Fruit Choice Fruit and Veggie Bar	<b>23</b> School made Personal Pizza Sun Chips Seasoned Diced Carrots Mixed Fruit Fruit and Veggie Bar
<b>26</b> <b>Memorial Day</b> <b>No School</b>	<b>27</b> Chicken Carbonara Garlic Bread Stick Sweet Peas Chilled Mixed Fruit Fruit and Veggie Bar	<b>28</b> Cheeseburger w/ Bun Pasta Salad w/Rainbow Veggies Sweet Baked Beans Blueberries Fruit and Veggie Bar	<b>29</b> Turkey Italian w/WG Sub Roll Chips w/ Salsa Cucumber Sticks Diced Pears Fruit and Veggie Bar	<b>30</b> Cheesy Bosco Breadsticks w/dipping sauce Tossed Salad w/ Romaine Diced Peaches Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSC

"This institution is an equal opportunity provider."