



RSU 54 School Lunch Menu

May 2025



All kids eat free, stop by for all 5 or leave with at least 3



Monday	Tuesday	Wednesday	Thursday	Friday
28 Scrambled Eggs Yogurt cup Toasted Bagel Diced Carrots Mandarin Oranges Fruit and Veggie Bar	29 Chicken Fajita Roasted Peppers & Onions Cilantro Lime Rice Sweet Corn Diced Pears Fruit and Veggie Bar	30 Oatmeal Cookie Day Chicken Nuggets Cheesy Mashed Potatoes Sweet Peas Warm Cinnamon Applesauce Oatmeal Cookie Fruit and Veggie Bar	1 American Chop Suey Garlic Bread Stick Fresh Garden Salad w/edamame Crisp Apples Fruit and Veggie Bar	2 School Lunch Hero Day School Made Pizza Cheese, Pepperoni or Ham Cucumber & Tomato Salad Blueberry Crumble Fruit and Veggie Bar
5 French Toast Sausage Links Steamed Carrots Cinnamon Apple slices Fruit and Veggie Bar	6 Walkin' Taco- Beef Sour Cream, Tomatoes Black Bean Salsa, lettuce Diced Pears Fruit and Veggie Bar	7 Philly Chicken Sandwich w/peppers & onions Sweet Potato Fries Diced Pears Fruit and Veggie Bar	8 "MSAD" Chicken Nugget Bowl Mashed Potatoes Seasoned Corn Cinnamon Applesauce Fruit and Veggie Bar	9 French Bread Pizza Baked Chips Steamed Broccoli Diced Peaches Fruit and Veggie Bar
12 Ham, Egg & Cheese Croissant Roasted Green Beans Baked Beans Orange Slices Fruit and Veggie Bar	13 Pulled Pork Sandwich Coleslaw Sweet Corn Mixed Fruit Fruit and Veggie Bar	14 Cheesy Mac & Cheese Chicken Fingers Spring Mix & Spinach Salad Fresh Melon Fruit and Veggie Bar	15 Chocolate Chip Day Fish Sticks & Mashed Potato Roasted Broccoli Chocolate Chip Cookie Crisp Apple Fruit and Veggie Bar	16 Pizza Party Day "Big Daddy" Pizza Pepperoni or Cheese Carrot & Celery Sticks Fresh Pears Fruit and Veggie Bar
19 Pasta w/ Meat Sauce Cheesy Garlic Bread Garden Salad Applesauce Fruit and Veggie Bar	20 Mixed Berry Yogurt Parfait French Toast Bites Grape Tomatoes Banana Fruit and Veggie Bar	21 Strawberries and Cream Day Chicken & Gravy Mashed Potato Cook's Veggie Choice Strawberry Shortcake w/ Cream Fruit and Veggie Bar	22 Cheesy Beef Quesadilla WG Rice w/ Black beans Seasoned Corn Cook's Fruit Choice Fruit and Veggie Bar	23 School made Personal Pizza Sun Chips Seasoned Diced Carrots Mixed Fruit Fruit and Veggie Bar
26 Memorial Day No School	27 Chicken Carbonara Garlic Bread Stick Sweet Peas Chilled Mixed Fruit Fruit and Veggie Bar	28 Cheeseburger w/ Bun Pasta Salad w/Rainbow Veggies Sweet Baked Beans Blueberries Fruit and Veggie Bar	29 Cheesy Bosco Breadsticks w/dipping sauce Tossed Salad w/ Romaine Diced Peaches Fruit and Veggie Bar	30 Field Day Beef Frank w/ Roll Baked Chip Choice Cucumber & Carrot Sticks Ice Cream Cup Fruit and Veggie Bar

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSC

"This institution is an equal opportunity provider."