

RSU 54 School Breakfast Menu

March 2025



Monday	Tuesday	Wednesday	Thursday	Friday
National 3 Cereal Choice Assorted Benefit Bar Juice or Fruit Milk	School 4 Cereal Choice Assorted Breakfast Bread Juice or Fruit Milk	5 Cereal Choice Homemade Apple Muffin Juice or Fruit Milk	Breakfast 6 Cereal Choice Fresh Hot Cinnamon Buns Juice or Fruit Milk	Week 7 Cereal Choice Glazed Donut Juice or Fruit Milk
10 Cereal Choice Mini Stuffed Bagel Juice or Fruit Milk	11 Cereal Choice Oven Fresh Scones Juice or Fruit Milk	12 Cereal Choice Apple Fritter Juice or Fruit Milk	13 Cereal Choice Breakfast Sandwich Juice or Fruit Milk	14 Teacher's Workshop Milk
17 Cereal Choice Juice or Fruit Milk	18 Cereal Choice Sheet pan Pancakes Juice or Fruit Milk	19 Cereal Choice Yogurt Parfait w/granola Juice or Fruit Milk	20 Cereal Choice Oven Fresh Breakfast Rounds Juice or Fruit Milk	21 Cereal Choice French Toast Sticks Juice or Fruit Milk
24 Cereal Choice Cinnamon Crumb Cake Juice or Fruit Milk	25 Cereal Choice Breakfast Sandwich Juice or Fruit Milk	26 Cereal Choice Pancake Bites w/ yogurt cup Juice or Fruit Milk	27 Cereal Choice Hot Homemade Muffin Juice or Fruit Milk	28 Cereal Choice Kitchen Choice Juice or Fruit Milk
31 Cereal Choice Dunking Stick Juice or Fruit Milk	1 Cereal Choice Hot Cinnamon Roll Twist Juice or Fruit Milk	2 Cereal Choice Hot Sheet pan Muffin Juice or Fruit Milk	3 Cereal Choice Breakfast Sandwich Juice or Fruit Milk	4 Cereal Choice Kitchen Choice Juice or Fruit Milk

Under "Offer vs Serve", students must choose a minimum of 3 of the 4 items: (2) grain OR (2) meat/meat alternate and (1) fruit or juice or (1) low-fat or fat free milk. OR (1) grain or (1) meat/meat/alternate and (1) fruit or juice or (1) low-fat or fat free milk. Grain =(G); Meat/Meat Alternate = (M/MA); Fruit = (F); Milk = (D) All participants must choose juice or fruit with each meal. Cereal is a choice offering each day. *all items may not be listed in the menu.

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."