RSU 54 School Lunch Menu				
		March 2025		
All kids eat free, stop by for all 5 or leave with at least 3				
Monday	Tuesday	Wednesday	Thursday	Friday
National 3	School 4	5	Breakfast 6	Week 7
Baked French Toast Sticks	Cheesy Egg & Ham Potato Bake	Breakfast Bagel Sandwich	Strawberry Yogurt Parfait	Breakfast Pizza
Sausage Links	Baked Beans	Ham, Egg & Cheese	Sheet Pan Chocolate Chip Muffin	Egg & Bacon
Roasted Diced Potatoes	Warm Buttery Biscuit	Broccoli Salad	Hash Brown	Cucumber & Carrot Sticks
Warm Cinnamon Applesauce	Blueberry Crisp	Mixed Fruit	Kiwi	Orange Juice
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
10	11	12		14
Pancake Breakfast Sandwich	Steak & Cheese on WG Sub	Chicken Pot Pie	Grilled Cheese Sandwich	
Egg, Cheese, Sausage	Sweet Potato Fries	Warm Flakey Biscuit	Chicken Noodle Soup	Teacher's Workshop Day
Diced Carrots	Romaine Salad w/Edamame	Peas & Carrot	Diced Carrots	
Cinnamon Applesauce	Mixed Fruit	Diced Pears	Strawberry Cup	
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
17	18	19	Nat'l Ravioli Day 20	21
Sausage & Cheese Scrabbled Eggs	Crunchy Fish Sticks	Cheese Burger on WG Bun	Ravioli w/Meat Sauce	Bosco Sticks w /dipping Sauce
👧 Fresh Baked Biscuit	Mashed Potatoes	French Fries	Cheesy Garlic Bread Stick	Baked Potato Chips
Tater Tots	Sweet Peas	Diced Carrots	Garden Salad w/ Spring Mix	Roasted Broccoli & Cauliflower
Pineapple & Mandarin Oranges		Mixed Fruit	Banana	Diced Pears
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
24	25	26	MLB Opening Day 27	28
Breakfast Bagel Pizza	Beef Nachos	Pulled Turkey Wrap	Home Run Frank w/roll	Mozzarella Sticks or Pizza Crunchers
Sausage Links	Mexican Rice & Beans	Seasoned Potato Wedges	Field Day Chips	Marinara Dipping Cup
Hashbrown Waffles	Seasoned Corn	Sweet Peas	Double Play Coleslaw	Roasted Green Beans
Cinnamon Applesauce	Mixed Fruit	Chilled Diced Pears	Strike out Diced Pears	Orange
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
31	1	2	Nat'l Burrito Day 3	4
Cheesy Mac & Cheese	Beef & Bravy w/WG Biscuit	Chicken Bacon Ranch Pasta	Beef Burrito w/ WG Rice	French Bread Pizza
Chicken Fingers	Mashed Potatoes	Garlic Bread Stick	Black Beans, Salsa, Lettuce & Tomato	Potato Wedges
Steamed Broccoli	Sweet Corn	Tossed Salad w/Spinach	Seasoned Corn	Steamed Broccoli
Diced Pears	Warm Apple Crisp	Pineapple Tidbits	Sweet Diced Pears	Green Kiwi Wedges
Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar	Fruit and Veggie Bar
A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC				
"This institution is an equal opportunity provider."				