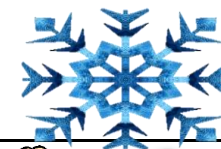
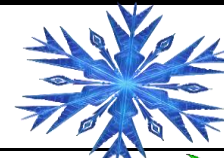


RSU 54 School Lunch Menu

January 2022



All kids eat free, stop by for all 5 or leave with at least 3



Monday	Tuesday	Wednesday	Thursday	Friday		
		<h3>Welcome to 2022</h3>				
<p>3</p> <p>Chicken Nuggets Mashed Potato Steamed Carrots Mixed Fruit Fruit and Veggie Bar</p>	<p>4</p> <p>NATL SPAGHETTI DAY Pepperoni Spaghetti Bake Garlic Bread Stick Garden Salad Sweet Orange Fruit and Veggie Bar</p>	<p>5</p> <p>Scrambled Egg Patty w/ Cheese & Sausage WG English Muffin Blueberries Fruit and Veggie Bar</p>	<p>6</p> <p>NATIONAL BEAN DAY Beef & Bean Chili Mac Cinnamon Roll or Corn chips Seasoned Corn Sweet Juicy Pears Fruit and Veggie Bar</p>	<p>7</p> <p>Personal Pizza or Pizza Crunchers Carrot/Celery Sticks Crisp Apple Fruit and Veggie Bar</p>		
<p>10</p> <p>Bosco Sticks Marinara dipping sauce Garden Salad Diced Pears Fruit and Veggie Bar</p>	<p>11</p> <p>NATIONAL MILK DAY Creamy Potato Soup Chicken Salad Sandwich Seasoned Peas Bananas Fruit and Veggie Bar</p>	<p>12</p> <p>Mexicali Taco Boat W/ Sweet Potato Fries Cinnamon Churro Pineapple bites Fruit and Veggie Bar</p>	<p>13</p> <p>Salisbury Steak w/ Gravy Mashed Potato Seasoned Corn Starfruit Fruit and Veggie Bar</p>	<p>14</p> <p>Hot Ham & Cheese Hoagie Tomato Soup Roasted Green Beans Sweet Oranges Fruit and Veggie Bar</p>		
<p>17</p> <p>NO SCHOOL</p>	<p>18</p> <p>French Toast Sticks Yogurt Cup w/Maine Blueberries Roasted Diced Potatoes Warm Cinnamon Applesauce Fruit and Veggie Bar</p>	<p>19</p> <p>Turkey Stew w/ Mixed Veggies WG Biscuit Cook's Fruit Choice Fruit and Veggie Bar</p>	<p>20</p> <p>NATIONAL CHEESE DAY Mac & Cheese w/Hot dog Snowman Pretzel Steamed Broccoli Mixed Fruit Fruit and Veggie Bar</p>	<p>21</p> <p>School Made BBQ Chicken or Cheeseburger Pizza Tossed Salad w/romaine Fresh Maine Apple Fruit and Veggie Bar</p>		
<p>24</p> <p>Crunchy Fish Sticks Sun Chips Peas Sweet Strawberry Slices Fruit and Veggie Bar</p>	<p>25</p> <p>Sweet & Sour Chicken w/ Broccoli and Peapods WG Steamed Rice Fortune Cookie Pineapple Mandarin Salad Fruit and Veggie Bar</p>	<p>26</p> <p>EARLY RELEASE Crispy Chicken Sandwich Veggie Sticks Crisp Apple Fruit and Veggie Bar</p>	<p>27</p> <p>BBQ Pulled Pork Burger Fresh Cole Slaw Baked Beans Mixed Fruit Fruit and Veggie Bar</p>	<p>28</p> <p>NATL CORN CHIP DAY Beef Walkin' Taco Tortilla Chips Lettuce, Salsa, Sour Cream Cook's Fruit Choice Fruit and Veggie Bar</p>		

A Low Fat or Skim Milk Variety is Served With Every Meal - Menu is Subject to Change Without Notice - All Bread Products meet the USDA Whole Grain requirements for NSLP and HUSSC

"This institution is an equal opportunity provider."